JFKIs aching back IW 9/21/96

From the earliest days there have been theories built around the fact that JFK wore a back brace. I do not try to recall all these conjectures. I have been hearing variations of them in recent months. Some of the theories are based on the invalid belief the brace kept him from bending. Some have bullets hitting the braced.

Over the years I've tried to tell those who ask about that brace that it could not have kept him from bending and they are not designed to do that. They are intended to immobilize a part of the back.

I wore one for more than two decades, through my years in the army and the years of my farming, both involving lifting and moving heavy weights.

According to JFK's personal secretary. Evelyn Lincoln, by the time of the assassination "the trouble with the President's back almost vanished." This is from page 338 of her book, attached.

What she describes is what we now know as physical therapy.

Seceral years ago, after Lil had been forced to use a wheelchair for some months, with nothing her doctors could do for her, having benefited from physical therapy myself I got Lil a referral to those who had treated me. In two weeks, with no medication, they had her out of the wheelchair and she has not used it since then.

(It happens there had also been an incorrect diagnosis but that has no relevance.)

There is no relevance to the back brace in any attempted explanation of the assassination.

Besides which in sitting JFK was bent at the waist.

As he was when he fell over.